

## **ANNUAL CONVENTION**

# **New Jersey Nursing Students**

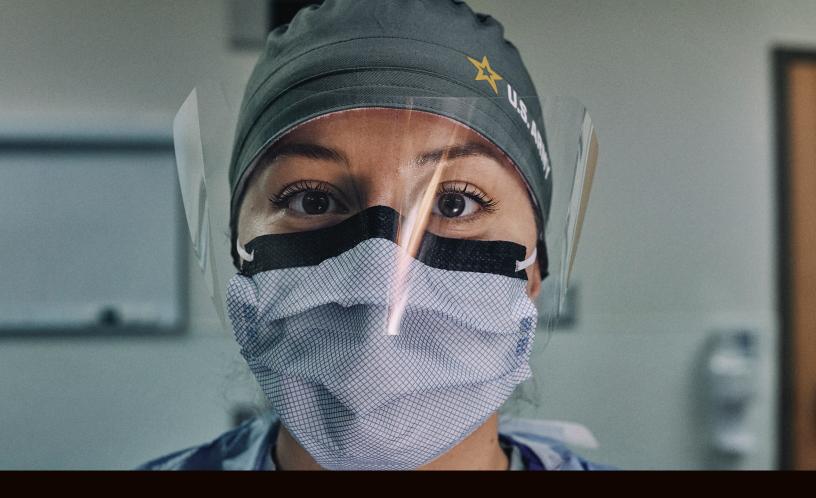
FOLLOW THE YELLOW BRICK ROAD: Finding Your Secret to Success in Nursing

2025 Convention February 20-21 RESORTS CASINO ATLANTIC CITY

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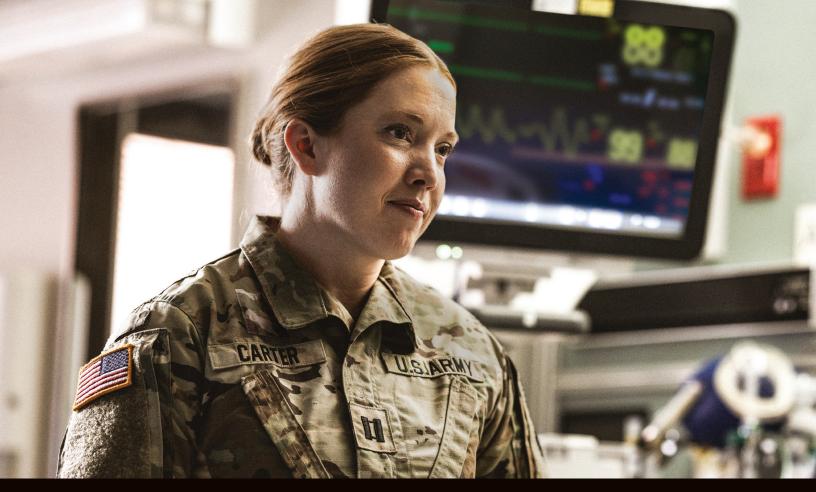
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Bronze Sponsor-ATI Nursing Education- Booth 104
New Jersey League for Nursing- Booth 109



# Keynote Speaker



# Dr. Gloria Boseman

Dr. Gloria Boseman is a committed, caring health professional. Her experience in delivering care to the underserved and underrepresented urban communities spans more than 45years. She has worked to serve these communities as a matter of mission. Dr. Boseman's mission is to educate health care professionals to see urban clients where they are and for whom they are. As a component of that mission, she seeks to empower the residents of these urban communities by enriching their mind, body, and spirit.

The community views Dr. Boseman as an activist and visible

advocate for inner city residents. She is an ever-present voice in the arenas of education and health on the local, state and national level with a message focused on accountability and excellence Her activism has led to her receiving numerous awards and commendations including being named a Distinguished Alumni of Howard University College of Nursing, and a Woman of Influence by the Young Women's Christian Association of Essex and West Hudson.

Dr. Boseman has been recognized as an Outstanding Alumna of Rutgers the State University of New Jersey College of Nursing and Rutgers College of Nursing and the Rutgers EOF Program honored Dr. Boseman with the Dr. Bobbie Jean Purdue Urban Spirit Award. The National Council of Negro Women (Newark Chapter) rewarded her for excellence in contributions to the community in the Health and Education category and the list continues. She was a governor's appointee to the inaugural Board of Directors to the newly established New Jersey Center for Collaborative Nursing, recognized by a number of local Black Nurses chapters, most recently the New Jersey Integrated Black Nurses Association honored her as a "Living Legend".

At New Jersey City University she received the singular honor of the Martin Luther King Jr. Community Service Award; this complimented her Healthy Mothers Healthy Babies Essex County Inc., Community Service award for Advocacy for women, children and families and the NAACP Bayonne New Jersey Community Mentor and Educator award. The New Jersey League for Nursing acknowledged Dr. Boseman as a TOP NURSE in New Jersey, and New Jersey State Nurses Association, Institute for Nursing honored her as a "DIVA" for her significant contributions to the New Jersey Nursing community. And she was twice selected by students to receive National Student Leadership Teaching Award

Dr. Boseman sits on many boards and is known for her ability to deliver complex material in a basic and informative manner. She has a special interest in accepting the challenge of addressing the difficult dialogs of race, age, culture, inequity and gender.

She is a BSN graduate of Howard University Washington, D.C. and a graduate of the University of Maryland (Baltimore) where she received her MS degree. Dr. Boseman completed

postgraduate courses in Administration in Higher Education at Seton Hall University (NJ) and she received her PhD in Nursing Research from Rutgers's the State University of New Jersey, where Dr. Boseman was the first African American graduate

She is a former Professor and Chairperson of the Department of Nursing and Interim Dean at New Jersey City University Jersey City, New Jersey.

Dr. Boseman feels blessed beyond measure and believes

To whom much is given; much is required

# Luncheon Speaker



### Dr. Lois V. Greene, dha, mba, bsn, rn, nea-bc

Senior Vice President of Wellness, Diversity, Equity, and Inclusion University Hospital, Newark, NJ.

A dynamic healthcare leader and advocate, Dr. Lois V. Greene brings a wealth of experience in advancing equitable, compassionate healthcare delivery. As Senior Vice President at University Hospital, she spearheads innovative initiatives in wellness, diversity, equity, and inclusion, making lasting impacts on patient care and staff development.

Dr. Greene's nursing career spans trauma, emergency care, oncology, home health, and ambulatory services. She has earned particular recognition for her work in championing emotional well-being among healthcare professionals and implementing programs that support medical staff through the challenges of their vital work.

A proud member of Chi Eta Phi Nursing Sorority, Dr. Greene serves on several healthcare boards and regularly shares her expertise as a keynote speaker. Her leadership approach emphasizes creating supportive environments where healthcare teams can thrive while delivering empathetic, culturally competent care.

Dr. Greene continues to be a passionate advocate for advancing wellness and cultural excellence in healthcare leadership and mentoring the next generation of nursing professionals. Her work demonstrates the powerful intersection of clinical excellence, administrative leadership, and commitment to healthcare quality.

## 2024-2025 NJNS Board of Directors Biographies



#### **President** Mya Solis, RWJ/ Trinitas School of Nursing

My name is Mya Solis, and I am a recent nursing graduate from RWJ/Trinitas School of Nursing. In addition to my nursing education, I hold a Bachelor of Science in Business Management. Throughout my journey, I have had the privilege of serving as President of New Jersey Nursing Students, Inc., and Trinitas Student Nurses Association, where I have been

able to combine my business knowledge and leadership skills to support my peers and fellow nursing students.

During my time at RWJ/Trinitas School of Nursing, I have been actively involved in a variety of community service initiatives related to nursing. I am currently a member of several professional organizations, including the Student Nurses Association (SNA), the New Jersey Integrated Black Nurses Association, and the Alzheimer's NJ Walk Committee. These memberships have allowed me to build meaningful relationships with mentors and peers, offering me a strong network of support and inspiration throughout my studies.

Outside of nursing, I work full-time as a Hospital Liaison, where I continue to hone my communication and leadership skills. In my free time, I enjoy spending quality moments with my family, attending concerts, indulging in spa days, and simply brightening others' days with a smile.

As I look ahead to my career as a nurse, I am excited by the countless opportunities to give back and serve others, just as I have been supported throughout my journey. The opportunity to lead and inspire as President of New Jersey Nursing Students is a fulfilling step in this path, and I am eager to continue contributing to the nursing community in every way I can.





#### First Vice-President Stanley Dameus, Felician University

Hi, fellow New Jersey Nursing Students! My name is Stanley Dameus, and it is an honor and a pleasure to serve as the 2024-2025 (tel:2024-2025) 1st Vice President of the New Jersey Nursing Students, Inc. I have completed a secondary degree in nursing through the Accelerated BSN program at Felician University, and I also hold a bachelor's degree in Exercise

Science. My journey into nursing began in 2021 when I started working in Behavioral and Mental Healthcare, an experience that sparked my deep commitment to making a positive impact on the lives of my clients. This passion led me to pursue nursing, and throughout my time in nursing school, I sought to broaden my knowledge by working in psychiatric services and exploring critical care settings. These opportunities have allowed me to enhance both my medical knowledge and clinical skills.

My ultimate goal is to contribute to improving medical practice and creating stronger patient-staff interactions. Outside of nursing, I have a love for traveling, listening to jazz music, and exploring cuisines from different cultures. As I step into my role as 1st Vice President of NJNS, Inc., I am eager to inspire nursing students across New Jersey to embrace leadership and become actively involved in their communities. I am honored to be elected to this prestigious position and look forward to collaborating with fellow board members to serve nursing students and help shape the future of our nursing community.





#### Second Vice-President Bienvenue Missamou, Eastern International School of Nursing

Hello to all the future nurses ready to impact the world! I'm Bienvenue Missamou.I am so honored to serve as your Second Vice President. I am in my 6th semester of nursing school with the goal of graduating with my Bachelors of Science in Nursing.

The New Jersey Nursing Students (NJNS) organization was

introduced to me in the beginning of my freshman year. The biggest influence this organization has had on me was during the 72nd Annual Conference in 2024. It was a great experience, and I would like to help reach more students to experience it.

Throughout my journey as a nursing student, I've been fueled by a sense of purpose and a desire to make a meaningful difference in the lives of others.Whether it's comforting patients in need or collaborating with my peers during clinical rotations, I've embraced the values of empathy and resilience that define the nursing profession.

As I approach the end of my education, I'm eager to step into the healthcare field with compassion, determination, and a commitment to serving my community and helping students in the ways that I've needed the help throughout my journey.

I love singing, fellowshipping with my community and spending time reading. I am so happy to serve my community. Feel free to reach out if you ever have any questions or concerns. Nursing school is overwhelming but the best part about it is having a community here for you, and we are that community!





#### Secretary Kai Ingram, Eastern International School of Nursing

Hello! My name is Kai Ingram, and I am honored to serve as a secretary of the New Jersey Nursing Students (NJNS) board. I am currently a senior nursing student at Eastern International College, where I am pursuing my Bachelor of Science in Nursing (BSN).

My inspiration to join NJNS stems from my passion for nursing and my desire to contribute to the development of future nursing professionals. I have always been driven by a strong sense of community and the belief that together we can create a supportive environment for all nursing students. NJNS provides a platform to advocate for student nurses, offer educational opportunities, and promote leadership and professional growth, which aligns perfectly with my goals.

As a member of the NJNS board, I bring a diverse set of skills and experiences that I believe will benefit the organization and our community. I have a background in leadership, and I am committed to enhancing the resources and support available to our members. My focus is on improving student engagement, organizing educational workshops, fostering preparation for the right career path, and I am eager to work collaboratively with my fellow board members to achieve these objectives.

Outside of my academic and professional pursuits, I enjoy shopping, spending time with loved ones, new experiences, and trying new restaurants. These activities not only help me unwind but also keep me balanced and energized. Additionally, I have a keen interest in advocacy for equal healthcare treatment of minorities, which I continuously explore to broaden my knowledge and skills.

I am excited to be a part of NJNS and look forward to contributing to the growth and success of our nursing student community. Together, we can make a significant impact on the future of nursing.





#### **Treasurer** Oge Ileogbunam, Essex County College

Hello there! My name is Oge Ileogbunam but most people know me as Noelle. I am currently in my second semester of the RN program at Essex County College and excited to serve as your Treasurer for the 2024-2025 academic year!

I was first introduced to the New Jersey Nursing Students

organization by one of our beloved professors of our nursing program. My growing interest steered me to attend the 2024 NJNS Annual Convention as a monitor for Essex County College. I was given the opportunity to monitor multiple breakout sessions held at the event, and this further piqued my interest in becoming a more involved member of the NJNS. The final push came from a senior in our nursing program, who gave me the encouragement and moral support I needed to run for a position on the NJNS board. Her work and bravery have inspired me to do the same. Some of my personal interests include reading fashion journals, roller skating and engaging in volunteer work for my community.

My contribution as your treasurer will include the promotion of preventive and holistic health across Newark's communities. My experience working at the Center for Preventive Medicine under the guidance of the skilled Dr. Kevin Holder, who is trained in and specializes in holistic medicine, has enabled me to understand the importance of preemptive health promotion. I saw firsthand the devastating impact that financial insecurity and unemployment ravages on BIPOC communities, especially in those riddled with easily preventable health disparities (chronic hypertension, diabetes, HIV, etc.). I want my work to focus on bettering those that are most affected, and my experience has granted me some of the knowledge needed to propagate my goals. I am grateful for the privilege to serve the constituents of the communities I care for, and I will strive to make the best of this opportunity.





#### **Resolutions Director** Dylan Mekovetz, RWJBH/Trinitas School of Nursing

Hello fellow New Jersey Nursing students, my name is Dylan Mekovetz, and I am honored to serve you as the 2024-2025 Resolutions Director for the New Jersey Nursing Students. I am a recent graduate of Robert Wood Johnson Barnabas Health/Trinitas School of Nursing (RWJBH/TSON) and the Fall 2024 Trinitas Students Nurses Association Vice President.

It was an absolute honor to serve as the Trinitas Vice-President for the 2024 fall semester.

My passion to be a nurse emerges since childhood. Experiencing the care of an amazing nurse strengthens that desire to serve and make a difference in someone's life. With that unforgettable experience, pursuing the nursing profession can create moments where I can provide a high level of care, especially in their vulnerable moments.

Serving at the New Jersey Nursing Students (NJNS) as the Resolutions Director provided professional growth and different lenses of the nursing profession which I will cherish and continue as I transition to the nursing profession as a registered nurse. On a personal note, I enjoy volunteering at many health fairs, community services and speaking to new nursing students and enlighten them on ways to be successful in reaching their goals.



### 2024-2025 NJNS Consultants & Advisors



#### NJLN Consultant Illya Devera-Bonilla, DNP, RN

Illya DeVera-Bonilla, DNP, MSN, RN is a full-time Nurse Educator at RWJBH/Trinitas School of Nursing as the Foundation course lead and

Student Success Program Coordinator. Her extensive background, from completing her Doctorate in Nursing Practice to actively shaping the future of nursing through mentoring and leadership roles, highlights her passion for advancing both the profession and her students. Her work with the New Jersey League for Nursing as the President-Elect and Liaison to New Jersey Nursing Student Inc. (NJNS) is a clear indicator of her commitment to the nursing community and its growth.



#### NJSNA Consultant Daniel Misa, MSN, RN, CEN, CPEN, NE-BC

Dan Misa is a night shift nurse educator and administrative manager (nursing supervisor) at Atlantic Health System - Chilton Medical Center in Pompton Plains, NJ. In addition, he still picks up shifts in the

Emergency Department, either working at the stretcher-side or covering as charge nurse. Mr. Misa received his MSN degree in nursing leadership and management and his BS in nursing degree from the School of Nursing and College of Nursing, respectively, from Rutgers, the State University of New Jersey. He is the current treasurer for the New Jersey State Nurses Association (NJSNA) and the Institute for Nursing (IFN), serving as the chairperson of the NJSNA & amp; IFN Joint Finance Committee. Mr. Misa has previously served as representative to the American Nurses Association Membership Assembly, president of NJSNA Region 1 (Morris, Sussex, Passaic, and Warren Counties) and chairperson of the Nominations Committee at the state and region levels. He also currently serves as the chairperson of the New Jersey Emergency Nurses Association Membership Committee, previously holding positions as Northern New Jersey Chapter President and chairperson of the ENA Resolutions Committee. He is a frequent speaker for NJNS, having presented on the topics of emergency nursing, travel nursing, and men in the nursing profession at past annual conventions and at a Council of School Participants (COSP) event. Mr. Misa holds certifications in emergency nursing, pediatric emergency nursing, nursing professional development, and as a nurse executive, and he is pleased to support NJNS and its nursing student members on behalf of NJSNA.



#### **Presidential Advisor** Norma Rodgers-Frink, BSN, RN, CCRA, ACRP-PM, RP Manager, Clinical Operations Syneos Health

President, Tau Chi Chapter, Inc. Chi Eta Phi Sorority, Incorporated<sup>®</sup> Past President, New Jersey State Nurses Association (NJSNA) 2015-2017

Nursing Leader: Advocating for nurses and the nursing profession.

Norma Rodgers-Frink started her professional journey 39 years ago as a Licensed Practical Nurse. In 1999 she earned her Bachelors in Nursing with a minor in Business Management from Bloomfield College. In 2001 Mrs. Rodgers-Frink embarked on a career path within the pharmaceutical Industry and is currently working for Syneos Health as a Manager, Clinical Operations overseeing a team of 28 Clinical Trial Managers and Study Start Up Specialist. Mrs. Rodgers-Frink is a 2024 graduate of McKinsey Leadership Academy; 2014 Nurse In Washington Internship Fellow and 2004 Fellow of the Rutgers University Minority Nurse Leadership Institute. For over 22 years Mrs. Rodgers-Frink has held dual research related certifications (CCRA & ACRP-PM) from the Association of Clinical Research Professionals. In 2021 Mrs. Rodgers-Frink expended her knowledge of good meeting governance and bylaws by becoming a Registered Parliamentarian (RP) with the National Association of Parliamentarians. Mrs. Rodgers-Frink currently serves as the President of Tau Chi Chapter, Inc. of Chi Eta Phi Sorority, Incorporated® and Presidential Advisor for the President of New Jersey Nursing Student, Inc.

In 1998 Mrs. Rodgers-Frink served as the 1st African American President of the New Jersey Nursing Students, Inc. Mrs. Rodgers-Frink has been very active in the New Jersey State Nurses Association/Institute for Nursing (NJSNA/IFN) for over 25 years by serving on several committees, promoting, and addressing healthcare practice and policy issues. In January 2015, Mrs. Rodgers-Frink was sworn in as the 45th President (2nd African American) of the New Jersey State Nurses Association, where she continues to advance the profession of nursing by advocating for nurses and the communities where nurses live and work, research, and education. During her presidency Mrs. Rodgers-Frink focused on Gun Violence as a public health crisis and cultural diversity in nursing. Mrs. Rodgers-Frink continues to mentor new graduates and nursing students. She is actively engaged in several professional and civic organizations, community initiatives and legislative affairs that positively impact the delivery of nursing and nursing care in all settings.

Mrs. Rodgers-Frink is a sort after speaking addressing issues related to clinical trials, nursing legislation, nursing leadership, gun violence, and a variety of cancer topics. Mrs. Rodgers-Frink has been an active member of the Tau Chi Chapter, Incorporated of Chi Eta Phi Sorority, Incorporated since joining the organization in 2008. Currently serving on numerous regional and national committees. In addition to being a lifetime member of the National Black Nurses Association, Mrs. Rodgers-Frink is a member of Delta Kappa Sigma, Sigma Gamma Rho Sorority, Incorporated®.

#### Awards and Honors:

Institute For Nursing, Diva of Nursing Award; April 2019, NAACP Plainfield Community Service Award, October 2018, Northern NJ Black Nurses Association – 1st Inductee Hall of Honor; June 2017; Eta Pi Chapter of Omega Psi Phi Fraternity Citizen of the Year Award, 2016; Bloomfield College Alumni Hall of Honor Award, 2016; Northern New Jersey Black Nurses Association Member of the Year Award, 2013; Concerned Black Nurses of Newark, Inc. Nurse Researcher of the Year Award, 2013; New Jersey League for Nurses 2012 Nurse Recognition Award; Tau Chi Chapter, Leadership Award 2012; Tau Chi Chapter, Community Service Award 2012; Northeast Region, Chi Eta Phi Sorority, Inc. 2012 Member of the Year Nominee; Concerned Black Nurses of Newark, Inc. Nurse of the Year Award, 2003 and Who's Who Among American Colleges, 1998 & 1999.

#### TV Appearances:

- Dr. Oz Show July 8, 2019: Fat shaming and Bullying, S10:E170
- Steve Adubato New Jersey Capitol Report, Sept 24 2016: Gun Violence and Nursing

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#### Organizational Manager Regina Adams, MSN, RN, CNOR

Regina Adams is a Director of Surgical Services at Hunterdon Medical Center in Flemington, NJ. In addition to the highly demanding position, Mrs. Adams has worked for the New Jersey

Nursing Students for over a decade. Her focus is to provide support and guidance to the students as they plan the annual convention and transition into their new leadership roles. There is an enormous amount of work that board members must accomplish to ensure a successful convention.

Mrs. Adams is a graduate of Capital Health System School of Nursing in Trenton, NJ. She completed her bachelor's in nursing and her master's in nursing leadership at Thomas Edison State University. Ms. Adams has a strong clinical background in the operating room, and this allows her to be a hands-on director and jump in to support staff as needed.

# **2024-2025 NJNS Board of Directors**

President	Mya Solis
First-Vice President	Stanley Dameus
Second- Vice President	Bienvenue Missamou
Secretary	Kai Ingram
Treasurer	Oge Ileogbunam
Pulsebeat Editor/Public Relations Director	Closed
Membership/Nominations Director	Closed
Population/Global Health Director	Closed
Breakthrough to Nursing Director	Closed
Health Policy and Advocacy Director	Closed
Resolutions Director	Dylan Mekovetz
Fundraising Director	Closed
NJLN Consultant	Illya DeVera- Bonilla, DNP, MSN, RN
NJSNA Consultant	Dan Misa, MSN, RN, CEN, CPEN, NE-BC
Presidential Advisor	Norma Rodgers-Frink, BSN, RN, CCRA, ACRP-PM, RP
Organizational Manager	Regina Adams, MSN, RN, CNOR

#### **Convention Schedule** Wednesday, February 19, 2025 **Delegate Registration** Horizon 6:45p-7:15p \*Mandatory for all Delegates\* Ballroom **Delegate Orientation** Horizon 7:15p-7:45p \*Mandatory for all Delegates\* Ballroom **Monitor Registration** 6:45p-7:15p Atlantic 2 \*Mandatory for all Monitors\* **Monitor Orientation** Atlantic 2 7:15p – 7:45p \*Mandatory for all Monitors\* Ocean Ballroom 8:00p - 9:00p **Student Registration** Foyer **House of Delegates I Bylaws** \*Open to the Public\* \*Quorum will be called at 8:15 pm sharp\* Horizon 8:15 - 9:30 \*Mandatory for all Delegates\* Ballroom \*Dinner Session for Board, Monitors, and Delegates\* Light Dinner will be served promptly at 7:45 for Board, Monitors, and Delegates

#### Thursday, February 20, 2025

7:00 - 1:00	Convention Registration	Ocean Ballroom Foyer
7:00 - 8:30	House of Delegates II Bylaws *Open to the Public* *Mandatory for all Delegates* BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY.	Horizon Ballroom
8:00 – 11:00  12:30 – 4:50	Exhibit Hall Open  Exhibit Hall Re-Opens *Gift Basket Drawing at 4:50 pm* *Must be present to win*	Ocean Ballroom
11:00 - 12:30	Opening Ceremony Navigating the Nursing Road, Your Challenges- Your Choices Keynote Speaker: Gloria Boseman, PhD, RN	Super Star Theater
11:00 - 12:00	Exhibitor Lunch *Exhibit Hall Closed*	Ocean Ballroom
12:30- 5:00	Exhibit Hall Re-Opened	Ocean Ballroom
12:40	Student Lunch	Ocean Ballroom
1:00 - 2:30	Deans/ Directors/ Faculty Luncheon (pre-registration required) Keynote speaker: Dr. Lois V. Greene, DHA, MBA, BSN, RN, NEA-BC Senior Vice President of Wellness, Diversity, Equity, and Inclusion University Hospital	Capriccio

#### Focus Session 1

9:00 - 9:50	The Secret in Nursing Success Power by Passion and Resiliency Speaker: Jennifer Chapman, MSN, RN, LAC	Horizon Ballroom
9:00 - 9:50	AI in Healthcare and Nursing Education Speaker: Larider Ruffin, DNP, APN, ANP-BC, AGNP-C, CRNP, CTTS, FAAN	Atlantic 2
9:00 - 9:50	Neurological Examination for the Novice Nurse Speaker: Melissa Campbell, DNP, RN, ANP-BC, AGACNP- BC	Atlantic 3
9:00 - 9:50	<b>Pursuing your first nursing job: The second step of your nursing career.</b> Speaker: John Lanier, MS, RN, NE-BC	Atlantic 4
9:00 - 9:50	<b>Must Know Topics: Pharmacology Review.</b> Speaker: Nkoli Okoli, BSN, RN	Atlantic C&D

#### Focus Session 2

10:00 - 10:50	<b>Title: Brewing Knowledge: The coffee cart experience</b> Speaker: Diana M. Exposito MSN, RN, CCRN, CEN	Horizon Ballroom
10:00 - 10:50	Nurses as Self-Advocates: Application of Assertiveness Training Speaker: Glenn Murphy, EdD, MSN, RN, CNE; Wilson Inoa- Tejada, BSN, RN; Dominique Jennings, BSN, RN; Juana Ortiz Pantoja, BSN, RN; Medea Sauer, BSN, RN; and Stephanie Shirk, BSN, RN, NRP	Atlantic 2
10:00 - 10:50	The Effects of Laughter on Reducing Stress Speaker: Sandra Foley, DNP, RN	Atlantic 4
10:00 - 10:50	Pharmacology Made Insanely Easy for NCLEX® Success! Speaker: Loretta Manning, MSN, RN, GNP	Atlantic C&D

#### Focus Session 3

1:00 - 1:50	What Do I Do with My Money? Financial Freedom in Nursing Speaker: Lucas Lipari BSN, RN, CCRN, MICN	Horizon Ballroom
1:00 - 1:50	The Three E's of Professional Development	Atlantic 2
1.00 - 1.50	Speaker: Daniel Brenner BSN, RN-BC, BA	
1:00 - 1:50	What to expect in your first 12 months Leslie Beck MSN RN NPD-BC and Barbara McCormick	Atlantic 4
1.00 1.00	DNP, RN, CEN	
1:00 - 1:50	Medical Surgical Nursing Made INSANELY EASY!	Atlantic C&D
	Speaker: Loretta Manning, MSN, RN, GNP	Analitic C&D

#### **Focus Session 4**

2:00 - 2:50	Are You My Match? A Look at Stem Cell Transplants, Patients, and Donors	Horizon
	Speaker: Lauren Stock	Ballroom

2:00 - 2:50	Lost in Translation: Communicating with Limited English Proficient (LEP) Speaker: Barbara McCormick DNP, RN, CEN	Atlantic 4
2:00 - 2:50	NCLEX REVIEW Part I Speaker: Laura Gasparis Vonfrolio, RN, PhD	Atlantic C&D

#### **Focus Session 5**

	Nursing Students: Emerging Nursing Professionals and	
3:00 - 3:50	Leaders in the Making	Horizon
5.00 - 5.50	Speaker: Daniel Misa, MSN, RN, CEN, CREN, NE-BC,	Ballroom
	NPD-BC, GERO-BC, NJSNA Consultant	
	The Evolution of Nursing: Accountability Across	
3:00 - 3:50	Generations Bridging Educational Preparation and	Atlantic 2
5:00 - 5:50	<b>Professional Practice</b>	
	Suzanne Mullings, PhD, RN	
	Paving the Way to Understanding Policy: Using the Law	Atlantic 4
3:00 - 3:50	to Inform Your Practice	Atlantic 4
	Mary Ellen Levine, DNP MSN RN	
3:00 - 3:50	NCLEX REVIEW Part II	Atlantic C&D
	Speaker: Laura Gasparis Vonfrolio, RN, PhD	Analitic C&D

#### Focus Session 6

	Lions, and Tigers, and BearsEmergency Nursing in the	
4:00 - 4:50	Land of Oz	Horizon
4.00 - 4.30	Speaker: Daniel Misa, MSN, RN, CEN, CPEN, NE-BC,	Ballroom
	NPD-BC, GERO-BC, NJSNA Consultant	
	Pursuing an Advanced Nursing Degree: Next Step in Your	
4:00 - 4:50	Career	Atlantic C&D
	Speaker: Brandon LeBlanc, M.Ed.	

4:50-5:00	Drawing for Gift Baskets	Ocean Ballroom
	*Must be present to win*	
	1 <sup>st</sup> Night Party:	
6:00 - 9:00	Come dressed in your favorite Wizard of Oz	Atlantic
0.00 - 9.00	character/costume for a night of dancing, a photo booth, and	Ballroom
	food!	

#### Friday, February 21, 2025

	House of Delegates III	
7:00 - 8:30	House of Delegates III *Open to the Public* *Mandatory for all Delegates* BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY.	Horizon Ballroom
8:45 - 9:15	Delegate Voting	Horizon
0.45 - 9.15	*Mandatory for all Delegates*	Ballroom
9:15 - 9:30	2025-2026 NJNS Board Elections Results	Atlantic C&D
9:30 - 12:30	Mini NCLEX® Review - Hurst Review's Step by Step	Atlantic C&D
9.50 - 12:50	Approach to NCLEX® Success	Analitic C&D

#### Keynote Speaker: Title: Navigating the Nursing Road, Your Challenges- Your Choices Dr. Gloria Boseman, PhD, RN

Dr. Gloria Boseman is a committed, caring health professional. Her experience in delivering care to the underserved and underrepresented urban communities spans more than 45 years. She has worked to serve these communities as a matter of mission. Dr. Boseman's mission is to educate health care professionals to see urban clients where they are and for whom they are. As a component of that mission, she seeks to empower the residents of these urban communities by enriching their mind, body, and spirit.

The community views Dr. Boseman as an activist and visible advocate for inner city residents. She is an ever-present voice in the arenas of education and health on the local, state and national level with a message focused on accountability and excellence Her activism has led to her receiving numerous awards and commendations including being named a Distinguished Alumni of Howard University College of Nursing, and a Woman of Influence by the Young Women's Christian Association of Essex and West Hudson.

Dr. Boseman has been recognized as an Outstanding Alumna of Rutgers the State University of New Jersey College of Nursing and Rutgers College of Nursing and the Rutgers EOF Program honored Dr. Boseman with the Dr. Bobbie Jean Purdue Urban Spirit Award. The National Council of Negro Women (Newark Chapter) rewarded her for excellence in contributions to the community in the Health and Education category and the list continues. She was a governor's appointee to the inaugural Board of Directors to the newly established New Jersey Center for Collaborative Nursing, Recognized by a number of local Black Nurses chapters, most recently the New Jersey Integrated Black Nurses Association honored her as a "Living Legend".

At New Jersey City University she received the singular honor of the Martin Luther King Jr. Community Service Award: this complimented her Healthy Mothers Healthy Babies Essex County Inc., Community Service award for Advocacy for women, children and families and the NAACP Bayonne New Jersey Community Mentor and Educator award. The New Jersey League for Nursing acknowledged Dr. Boseman as a TOP NURSE in New Jersey, and New Jersey State Nurses Association, Institute for Nursing honored her as a "DIVA" for her significant contributions to the New Jersey Nursing community. And she was twice selected by students to receive National Student Leadership Teaching Award

Dr. Boseman sits on many a boards and is known for her ability to deliver complex material in a basic and informative manner. She has a special interest in accepting the challenge of addressing the difficult dialogs of race, age, culture, inequity and gender.

She is a BSN graduate of Howard University Washington, D.C. and a graduate of the University of Maryland (Baltimore) where she received her MS degree. Dr. Boseman completed postgraduate courses in Administration in Higher Education at Seton Hall University (NJ) and she received her PhD in Nursing Research from Rutgers's the State University of New Jersey, where Dr. Boseman was the first African American

Graduate.

She is a former Professor and Chairperson of the Department of Nursing and Interim Dean at New Jersey City University in Jersey City, New Jersey.

Dr. Boseman feels blessed beyond measure and believes: To whom much is given; much is required

#### **Faculty Luncheon Speaker:**

# Dr. Lois V. Greene, DHA, MBA, BSN, RN, NEA-BC Senior Vice President of Wellness, Diversity, Equity, and Inclusion University Hospital, Newark, NJ.

A dynamic healthcare leader and advocate, Dr. Lois V. Greene brings a wealth of experience in advancing equitable, compassionate healthcare delivery. As Senior Vice President at University Hospital, she spearheads innovative initiatives in wellness, diversity, equity, and inclusion, making lasting impacts on patient care and staff development.

Dr. Greene's nursing career spans trauma, emergency care, oncology, home health, and ambulatory services. She has earned particular recognition for her work in championing emotional well-being among healthcare professionals and implementing programs that support medical staff through the challenges of their vital work.

A proud member of Chi Eta Phi Nursing Sorority, Dr. Greene serves on several healthcare boards and regularly shares her expertise as a keynote speaker. Her leadership approach emphasizes creating supportive environments where healthcare teams can thrive while delivering empathetic, culturally competent care.

Dr. Greene continues to be a passionate advocate for advancing wellness and cultural excellence in healthcare leadership and mentoring the next generation of nursing professionals. Her work demonstrates the powerful intersection of clinical excellence, administrative leadership, and commitment to healthcare quality.

#### Larider Ruffin, DNP, APN, ANP-BC, AGNP-C, CRNP, CTTS, FAANP, FAAN Title: AI in Healthcare and Nursing Education

Abstract: Artificial Intelligence (AI) is transforming healthcare and nursing education, offering innovative solutions to enhance clinical decision-making, patient care, and learning experiences. This presentation explores AI applications in healthcare, including diagnostic tools, and administrative automation, while emphasizing the role of nurses in critically evaluating AI-generated information. We will discuss the benefits, challenges, and ethical considerations of AI, alongside its integration into nursing education through simulations, tutoring systems, and tele-education. By fostering critical thinking, nurses can ensure AI serves as a supportive tool rather than a replacement. The session concludes with future trends and strategies for AI adoption in nursing.

Bio: Dr. Larider Ruffin is a distinguished nurse leader, educator, and clinician dedicated to advancing nursing practice and education. As Chair of the Doctor of Nursing Practice Program and Associate Professor at Stockton University, he mentors future nurse practitioners while maintaining an active clinical practice as founder and chairman of Ruffin Medical Group. An Adult-Gerontology Primary Care Nurse Practitioner, Dr. Ruffin is the owner of Ruffin Medical Group where he manages chronic diseases. A passionate advocate for health equity, he leads

efforts to eliminate smoking and vaping disparities. He has published extensively and is a sought-after speaker on men's health, diabetes, and substance use disorders. A Fellow of both the American Association of Nurse Practitioners and the American Academy of Nursing, Dr. Ruffin has received numerous accolades for his contributions to nursing. His leadership and commitment to mentoring continue to shape the future of advanced practice nursing. Dr. Ruffin's extraordinary and sustained scholarly work has been disseminated in the US, Spain, France, and Haiti through various presentations, the development of regional, national, and international tobacco programs as well as multiple peer-reviewed publications. He is a fellow in the American Academy of Nursing.

#### Lauren Stock Are You My Match? A Look at Stem Cell Transplants, Patients, and Donors

Abstract: For many patients with blood cancers, a stem cell or bone marrow transplant provides their best chance for survival. But many patients cannot receive a transplant because no matching donor can be found. 70% of patients rely on a perfect stranger for their lifesaving transplant and unfortunately, 60% of patients never receive the transplant they need. This can change if more people register as potential donors, simply swabbing the inside of their cheeks.

This presentation will discuss the methods of donation, process for donor registration, and how you can save lives by hosting a donor drive in your community.

Bio Lauren Stock (she/her) is a Donor Recruitment Coordinator at DKMS, the world's largest bone marrow donor center. She began her journey with DKMS as a volunteer in 2009 when her mom was diagnosed with blood cancer. After her mom's lifesaving stem cell transplant, Lauren created High School Heroes, an organization focused on educating students on the importance of registering to be potential donors through DKMS as soon as they become eligible at 18 years old. Through speaking engagements, donor registration drives, and the Perfect Match 5K benefiting DKMS, High School Heroes became a nationally recognized program of leadership, service, inspiration, and action. Recently, Lauren has worked with high school students teaching community organizing and leadership development. She is returning to DKMS as a Donor Recruitment Coordinator continuing to bring her passion to the table in educating and registering young people as a critical audience in the fight against blood cancer.

#### Diana M. Exposito MSN, RN, CCRN, CEN Title: Brewing Knowledge: The coffee cart experience

Abstract: Brewing ideas stemmed from the need for education outside the traditional classroom. This nursing professional development tool brings education to the staff. (Along with Coffee!) This addresses the need for "short & sweet" convenient educational sessions. Each drawer offers a learning opportunity that can be delivered in the time it takes to make a cup of coffee. The nursing educator is available to answer questions. Learning experiences cover all learning styles. On the outside there is signage with happenings, educational opportunities, newsletters, and committee dates. This promotes engagement. The "coffee drinkers" provide feedback and suggestions for next month's Brew!

Bio: Diana began her nursing career as a CNA in 2005. She attended Bucks County Community College and earned her ADN, RN in 2010. Diana attended school as a full-time working mother. She worked on a busy telemetry unit for 2 years before transferring to Critical Care. She earned her BSN from Immaculata University while working in ICU in 2014. Later that year she earned her CCRN. After 5 years in critical care, she transferred to the emergency department. Diana earned her CEN after working for about a year in the emergency department. She then completed her MSN in 2021 through Western Governor's University. She has held various roles in nursing including assistant manager, manager and nursing instructor. Currently Diana is a clinical nurse educator for the department of clinical education at Capital Health System. She also is the representative for Capital Health on the Consortium of New Jersey Nurse Educators

#### Barbara McCormick DNP, RN, CEN Title: Lost in Translation: Communicating with Limited English Proficient (LEP)

Abstract: Language barriers may lead to medication errors, miscommunication, and the inability to seek preventative medical care. Communication difficulties such as physical impairments, educational background, literacy level, and speaking a language other than English present challenges for both patients and healthcare providers. Limited English-proficient (LEP) patients are defined as speaking English less than very well. National Culturally and Linguistically Appropriate Services (CLAS) Standards and Federal regulations will be discussed along with utilization of language services to advance health equity, improve quality, and improve safety. Healthcare providers must use tools and document encounters with LEP patients for measurable outcomes for organizations to improve care for the LEP patient.

Bio: Barbara McCormick DNP, RN, CEN has over 30 years of nursing experience. She is employed by Jefferson Health in the roles of resource nurse and research fellow. She works with leadership to develop strategies for nursing recruitment, retention, and education. Barbara graduated from Atlantic Community College with her Associates in Nursing in 1993. She earned her BSN (2003) and MSN (2007) at Holy Family University and DNP at Drexel University in 2019. Barbara commissioned in the US Air Force Reserve Nurse Corp in 1994 and is the Chief Nurse for the 166<sup>th</sup> Medical Group, Delaware Air National Guard, New Castle Airport. Barbara is an Adjunct Professor for Thomas Jefferson University. She is a board-Certified Emergency Nurse, and is an active member of many community and nursing organizations. Currently, Barbara serves as the 2025 president for NJ Emergency Nurses Association and is a past President for New Jersey State Nurses Association Region Five.

#### Laura Gasparis Vonfrolio, RN, PhD Title: NCLEX REVIEW Part I & Part II

Abstract: Presented as a question and answer format. How to pick the right answer when they all seem correct! Great review of cardiovascular, pulmonary, endocrine, renal, neurological, GI content that consistently appears on the State Boards, ATI and your nursing school exams!

Bio: Laura Gasparis Vonfrolio RN, PhD has been a nurse for over 48 years in critical care nursing and has held CCRN and CEN certifications. She obtained an Associate, Bachelor's, Master's from NYU, and a PhD from LaSalle/Adelphi University. Professor Gasparis Vonfrolio is currently teaching at The College of Staten Island. She has held positions as a staff nurse, manager, staff development instructor and a tenured Professor of Nursing. Dr. Gasparis Vonfrolio has published over 30 articles, 5 chapters, and authored 13 books including the *Critical Care Examination Review*, *Emergency Nursing Examination Review*, *12 Lead EKG Stat, Nurse Abuse – Impact and Resolution*, *Twenty-five Stupid Things Nurses Do to Self-Destruct and PASS the NCLEX*, 1600 page book with over 4000 questions & answer rationales (2023) available on her website and Amazon. For 35 years her company, Education Enterprises has been offering educational conferences, nursing products, books, Apps and vacation get-aways for nurses. Visit her website at <u>www.GREATNURSES.com</u>.

#### Melissa Campbell, DNP, RN, ANP-BC, AGACNP-BC Title: Neurological Examination for the Novice Nurse

Abstract: The neurological examination is a fundamental clinical tool for assessing the integrity of the nervous system and diagnosing neurological disorders. This session will provide an overview of the key components of a neuro exam, including mental status evaluation, cranial nerve assessment, motor and sensory function testing, reflex examination, coordination, and gait.

Bio: Melissa Campbell is an established Advanced Practice Provider with over 15 years of experience. Melissa practices in the Department of Neurosurgery within Emory Healthcare as well as an adjunct professor at the Nell Hodgson Woodruff School of Nursing. She is a graduate of Emory University's Master Program and dual board certified in Adult Health and Adult/Gerontology Critical Care. She achieved her Doctor of Nursing Practice in 2014. She currently resides in Metro Atlanta with her husband and two sons. In her free time, she enjoys being outside, volunteering at her church, and going to the beach. Melissa has held several roles within NJNS, Inc. including Past President.

# Glenn Murphy, EdD, MSN, RN, CNE; Wilson Inoa-Tejada, BSN, RN; Dominique Jennings, BSN, RN; Juana Ortiz Pantoja, BSN, RN; Medea Sauer, BSN, RN; and Stephanie Shirk, BSN, RN, NRP

#### Title: Nurses as Self-Advocates: Application of Assertiveness Training

Abstract: To support the mental health of nurses, it is imperative that nursing students learn how to advocate for themselves. Undergraduate nursing students in one nursing program learned assertive communication techniques in lab during their mental health clinical rotation. They practiced assertive responses to real-life nursing scenarios and then applied the self-advocacy skills by role-playing situations they had encountered during nursing school. But, as new nurses, did they feel empowered to stand up for themselves and their colleagues? Recent graduates who participated in assertiveness training will share their experiences. Artifacts generated during the assertive communication training modules will also be shared.

Bios: Glenn Murphy works as a nursing faculty member at Rutgers University on the Blackwood campus. He facilitates the simulation and skills sessions for undergraduate nursing students. Glenn earned his doctoral degree in educational technology from Boise State University in December and has worked in nursing for over 17 years.

Wilson Inoa-Tejada earned his Baccalaureate Degree in Nursing from the Rutgers School of Nursing on the Blackwood campus in 2024. He is a new Registered Nurse working at a Cardiac Intermediate unit at a South Jersey Teaching Hospital. He is interested in Community and Global health as well as Preventative - Holistic care. Dominique Jennings earned her Baccalaureate Degree in Nursing from Rutgers Blackwood in 2023. She is now an Emergency Department RN at Virtua Hospital. She loves critical care and plans to continue growing within this role.

Juana Ortiz Pantoja graduated from Rutgers in 2023 with a Bachelor of Science in Nursing. Juana has experience working as a registered nurse on a telemetry unit, where she completed her nurse residency program and obtained her ACLS certification. Juana is enthusiastic about returning to school this fall to pursue her DNP degree.

Medea Sauer is an alumnus of the Rutgers University School of Nursing, Blackwood Campus. She earned her Baccalaureate of Science degree in Nursing in May 2023. She currently works as a Registered Nurse in the medical-surgical respiratory department at Virtua Voorhees Hospital. She plans to eventually expand her experience and knowledge in areas such as pediatric oncology nursing.

Stephanie Shirk is a graduate of Rutgers University where she studied for her Bachelor of Science in Nursing. A former critical care paramedic on the Children's Hospital of Philadelphia's transport team, she now works as an emergency room nurse for Virtua Health. Stephanie is interested in changing the atmosphere of healthcare education to match our ever-changing world of medical needs.

#### Mary Ellen Levine, DNP MSN RN Title: Paving the Way to Understanding Policy: Using the Law to Inform Your Practice

Abstract: This presentation is intended for nursing students to learn about the history, present day, and potential future implications of practicing as a registered nurse. It will include an overview of the history of the Scope of Practice state code in New Jersey, where we are today, and to inform advocacy for present and future legislation. In a litigious society, it behooves all citizens to know the law, and the lawful practice of the registered nurse is no exception. As a licensed RN educator and policy advocate, I am willing to share my experience, the good as well as the challenges of the policy arena.

Bio: Dr. Levine earned an Associate Degree in Nursing, Baccalaureate Degree in Nursing, School Nurse/Health Educator Certificate, master's in nursing, and Doctorate of Nursing Practice. Levine is a member of the American Nurses Association, the New Jersey State Nurses Association (NJSNA), and STTI, Inc. Iota Alpha and Psi Mu chapters, among other nursing associations. A member of NJSNA Region 1, she is proud to be an NJSNA Past President and committee member of Health Nurse Healthy NJ. Dr. Levine continues to serve the nurses of New Jersey as an active advocate at the state and national level.

Dr. Levine enjoys running, reading, and spending time with family and friends.

#### John Lanier, MS, RN, NE-BC Title: Pursuing your first nursing job: The second step of your nursing career.

Abstract: Pursuing your first position as a registered professional nurse can be daunting experience. The first step is to develop a 'living resume'. Your resume coupled with determining your priorities for the first several years of your career will assist in preparing for your first job interview. This session will provide pointers to help you develop a resume which reflects your strengths, factors to determine your long- and short-term goals as well as how to prepare for your job interviews.

Bio: A member of the nursing profession for over 40 years. Education: Bachelor of Science in Nurse degree from the University of Phoenix. Executive Master of Science degree from the University of Hawaii at Manoa. Professional careers have been focused in the areas of nursing leadership and performance improvement. Most recent position was as the Director of Nursing Care for Maternal Child Health Inpatient Services, RWJ Barnabas Health at the Trinitas Regional Medical Center.

#### Sandra Foley, DNP, RN Title: The Effects of Laughter on Reducing Stress

Abstract: Stress has a profound impact on one's health and wellbeing. The stress experienced by nursing students can be linked to the demands of class assignments, clinical performance, as well as the obligations and deadlines associated with exams and projects. The objective of this presentation is to educate the participants on the effects of stress on one's physical and mental wellbeing and the benefits of Laughter Yoga. Studies have found, whether laughter occurs naturally or is deliberately mimicked, the physical and psychological reactions of the human body remain consistent. In addition, laughter brings joy, fosters human connections, and contributes to the overall health and well-being of an individual. Laughter Yoga has the potential to make a profound impact on reducing stress of the nursing student.

Bio: Dr. Sandra Foley is an undergraduate/graduate nursing educator and Doctor of Nursing Practice (DNP) graduate from William Paterson University. Dr. Foley earned both a Master of Nursing in Science with a concentration in Education and Bachelor of Nursing in Science degree at the College of St. Elizabeth. She had previously earned an associate degree in nursing. She transitioned into the position of nursing educator in the undergraduate program of William Paterson University, bringing 38 years of specialized experience in the acute clinical care setting.

Dr. Foley, the Immediate Past President of the New Jersey State Nurses Association (NJSNA), is a dedicated advocate for nurses and the profession. During her graduate studies, she developed a passion for humor, leading her to discover Laughter Yoga. Inspired, she trained under renowned instructor Vishwa Prakash and became a Certified Laughter Yoga Instructor. Now, Dr. Foley is a Certified Laughter Yoga Instructor integrating laughter into nursing education and patient care, promoting well-being through humor and resilience.

#### Jennifer Chapman RN MS LAC Title: The Secret in Nursing Success Power by Passion and Resiliency

#### Abstract:

Bio: Jennifer Chapman is a community activist, an entrepreneur, and the Founding Director of CRG Educational Consulting LLC. Her aim as an Educational Consultant is to empower students through adaptive education, by introducing diverse styles of learning with emotional support. In her training over the years, Jennifer successfully customized technological platforms using testing strategies, for students transitioning into college and nursing students in preparation for the NCLEX/NGN exam.

She is a Counseling Instructor at Essex County College and worked prior as a Nurse lecturer and Mental Health Clinical Instructor. Jennifer obtained her BA in Psychology and BSN in Nursing from Bloomfield College. She is a licensed Counselor with a Master of Science degree in Education and Counseling from Long Island University. She is presently pursing her Doctorate in Education and PHD in Counseling. She is a member of the Long Island University Mental Health Honor Society, Mentor/ Researcher for the STEM program, LSAMP Scholar, a McNair Scholar and speaker. Jennifer is an associate member of Educational Consultant for IECA (Independent Educational Consultants Association), The American Psychological Association, The American Counseling Association, The Transcultural Nursing Society, The Psychiatric Nursing Association, The Council for National Mental Health and Well Being and The Organization for Associate Degree Nursing.

Professor Chapman is the student Advisor for Essex County College Nursing Student Organization, and a Certified National Mental Health Instructor. She advocates and organizes workshops on Mental Health Awareness and Professional Development both in her school and community. Her aim is to collaborate, foster and address challenging issues affecting her community and profession.

#### Lucas Lipari, BSN, RN, CCRN, MICN Title: What Do I Do With My Money? Financial Freedom in Nursing

Abstract: You've been hired at your first job as an RN! Now what? What do you do with these 401ks? What's a Roth IRA? What do you do if there's an emergency? What about school loans? When do you buy a house, or a car? How do you retire? Nursing is a noble profession and in addition to helping others, you must be in a position to help yourself. In this presentation, Lucas will assist you with setting you on a path to financial success. He will also explain how professional success, financial success and personal freedom go hand-in-hand.

Bio: After earning his Bachelor's in Economics from Rider University in 2012, Lucas Lipari earned his BSN in May 2019 from Rutgers University as a Second Degree student on the New Brunswick campus. There, he served as both class President and RSNA 2nd Degree Representative. He began his nursing career at The Valley Hospital's Critical Care Residency Program as a CSICU RN. Following the initial COVID surge, Lucas expanded his horizons and is now also employed as a Mobile Intensive Care Nurse (MICN) at University Hospital's EMS division in Newark where he serves as a Critical Care Transport RN and a Nurse-Paramedic. Lucas is also pursuing his certification in Technical Rescue and is certified for many types of rescue including confined space, rappelling, and vehicle rescue. He has recently obtained his CCRN and he hopes to apply and be selected as a Flight Nurse in the near future.

#### Loretta Manning, MSN, RN, GNP Title: Pharmacology Made Insanely Easy for NCLEX® Success!

Abstract: Come and experience a dynamic hour with Loretta Manning, MSN, RN, GNP, author of the bestselling book, Pharmacology Made Insanely Easy! This is back by popular request! You will spend one hour filled with learning EASY and FUN Strategies to assist with remembering priority medications, so you can be successful in answering questions evaluating high level clinical decision-making. You will learn to prioritize medications, nursing care, and associate learning by using images, mnemonics, active learning, and music. Five words summarize this pharmacology session, Success CAN BE FUN!"

#### Title: Medical Surgical Nursing Made INSANELY EASY!

A program designed to help you MASTER volumes of medical surgical nursing information by simplifying information to assist with memory. Once you can easily remember nursing information, then you will learn how to MASTER answering NCLEX ® style questions evaluating complex

clinical decision making. You will sing, laugh, and better yet walk out remembering a minimum of ten new ways of organizing medical surgical nursing information. • Discover strategies to MASTER Medical Surgical Nursing information. • Practice answering NCLEX ® style questions evaluating clinical decision-making.

Bio: Loretta is the CEO and Co-Founder of I CAN Publishing®, Inc. an organization that specializes in services and resources to assist students and faculty in achieving successful educational outcomes. She is also the Co-Executive Director of Leading Learning, LLC an organization that provides consultation to nursing faculty in the areas of curriculum development, item writing, teaching strategies, critical thinking, and clinical teaching. She is a nurse practitioner with a clinical background in pediatric trauma. She has taught in ADN, BSN and MSN programs. She has been a Director of Children's and Woman's Services at Willis Knighton Medical Center in Shreveport; LA. Loretta serves as a consultant in many schools of nursing throughout the United States. Loretta earned her MSN in nursing from Indiana University, BSN from Indiana State University in Terre Haute, Indiana, and nurse practitioner certificate from The University of North Carolina in Greensboro, NC. She is an international speaker and a sought-after resource for faculty development and student presentations. Her expertise is in developing nursing faculty particularly in the areas of NCLEX®, item writing, teaching strategies and pharmacology focusing on integrating patient safety, Joint Commission, and NCLEX® Standards in both the classroom and clinical.

# Bio: Daniel Misa, Daniel Misa, MSN, RN, CEN, CPEN, NE-BC, NPD-BC, GERO-BC, NJSNA Consultant

#### Title: Lions, and Tigers, and Bears...Emergency Nursing in the Land of Oz

Abstract: Toto...we're not in Kansas anymore! That's the feeling many have upon laying foot in the emergency department whether as healthcare professionals or the general public. The emergency department is the greatest equalizer—hosting the scene of care for all ages, backgrounds, and situations. Gain insight to this nursing specialty where nurses must have some knowledge of everything ("elegant generalists" as termed by Emergency Nurses Association past president Anne Manton). Do you have what it takes to work in this fast-paced environment

Title: Nursing Students: Emerging Nursing Professionals and Leaders in the Making

Abstract: Nursing school lays the foundation for nursing professional practice, careers, and leadership. Discover how to make the most of your academic preparation as you transition into practice and the real world. Attendees will identify some of the professional associations one may join, list ways in which to network, and explain how to effectively communicate via verbal, written, and body language.

Bio: Dan Misa is a night shift nurse educator and administrative manager at Chilton Medical Center. In addition, he still works clinically in the Emergency Department. Mr. Misa received his MSN degree in nursing leadership and management and his BS in nursing degree from Rutgers, the State University of New Jersey. He is a member of American Nurses Association, New Jersey State Nurses Association (NJSNA), Emergency Nurses Association (ENA), Association for Nursing Professional Development, Organization of Nurse Leaders New Jersey and Philippine Nurses Association of New Jersey. He is the current NJSNA Consultant to NJNS, NJSNA Region 1 secretary and chairperson of the New Jersey ENA Membership Committee. He is a frequent speaker for NJNS, having presented on the topics of emergency nursing, travel nursing, and men in the nursing profession. Mr. Misa holds certifications in emergency nursing, pediatric emergency nursing, nursing professional development, gerontological nursing, and as a nurse executive.

#### Nkoli Okoli, BSN, RN Title: Must Know Topics: Pharmacology Review

Bio: <u>Nkoli</u> specializes in Progressive care with a main focus in cardiology. She graduated from University of Texas at Arlington. Nkoli worked in various progressive care units across the country while she was a travel nurse for 8 years before joining the @uworldnursing team. She leads LIVE interactive NCLEX study sessions each week at UWorld as well as records lectures on various topics within the UWorld app.

#### Abstract:

Join Nkoli for an engaging NCLEX prep session centered on Pharmacology. Afterwards, get ready to tackle an interactive question drill featuring commonly missed topics, including key Pharmacology concepts. Our @uworldnursing nurses will be online to guide you through each answer, explaining why correct choices are right and where incorrect options fall short.

#### **Daniel Brenner BSN, RN-BC, BA** Title: The Three E's of Professional Development

Abstract: The three E's of professional development is a presentation dedicated to advancing one's professional practice from a micro level to a macro level. Utilizing the opportunities we might not recognize as opportunities to assist in advancing our practice. Explaining that our previous experiences whether they apply to nursing or not can help shape the nurse you will become. Our everyday actions elicit changes that can and will change our perspectives of how patients see us and how we see ourselves.

Bio: Daniel Brenner BSN, RN-BC, BA is a Clinical Nurse Educator at Capital Health System. He functions as a Telemetry Service Line Educator, Coordinator of Unlicensed Assistive Personnel Orientation, and Chair of the Hospital Wide Competency Planning Committee. He started his career at Capital Health System in the Surgical Trauma Department where he then transitioned into the role of Charge Nurse on the Covid Telemetry unit. Daniel was a finalist for New Jersey Nurse of the Year in the division of "Rising Star". Daniel has worked throughout the state of New Jersey as a Telemetry nurse and his experience with a diverse patient population has allowed him to excel in his practice. Daniel will be pursuing his MSN in Summer of 2025.

#### Suzanne Mullings, PhD, RN The Evolution of Nursing: Accountability Across Generations - Bridging Educational Preparation and Professional Practice

Abstract: The vital connection between professional accountability and nursing student success, drawn from recent research findings, are explored. The presentation demonstrates how structured accountability measures significantly enhance both academic achievement and clinical performance. Students in accountability-focused learning environments show markedly higher success rates in NCLEX performance, program completion, and clinical competency. The innovative frameworks incorporating early intervention protocols, peer partnerships, and professional development pathways are introduced. Through practical examples and evidence-based strategies, participants gain

actionable insights for implementing accountability measures that foster academic excellence and professional growth.

#### Bio: Suzanne Mullings, PhD, RN

As a transformative educational leader, Dr. Suzanne Mullings has dedicated her career to reimagining nursing education to support the need for academic excellence. Currently serving as Dean at Eastern International College, she strategically directs comprehensive nursing programs while championing educational advancement in the field. Her distinguished academic journey, culminating in a Ph.D. from CUNY Graduate Center, laid the foundation for her pioneering research on nurse residency programs and workplace readiness. Dr. Mullings' unique blend of critical care experience and academic leadership positions her at the forefront of nursing education reform. A member of the Sigma Theta Tau International Honor Society of Nursing, she exemplifies the intersection of scholarly excellence and practical expertise. Her unwavering commitment to transforming nursing education continues to inspire curriculum advancement and professional development across the field.

# Leslie Beck MSN RN NPD-BC and Barbara McCormick DNP, RN, CEN Title: What to expect in your first 12 months

Abstract: According to Nursing Solutions Incorporated (2024) 23.8 % of nurses leave their role as an RN within the first year. Literature has supported utilizing Nurse Residency Programs to help give the new RN the added support needed for a successful transition from academia to practice improving retention rates. Student nurses have questions about what nurse residency programs entail and how they will help during their first year. The answers include, providing networking opportunities, seeking multiple layers of support, developing relationships, and exploring concepts related to professional nursing. There is so much more to nursing than task completion.

Bio: Leslie Beck MSN RN NPD-BC has more than 32 years of nursing experience in medicalsurgical, critical care, and nursing education. She is board certified in nursing professional development and a member of the Association for Nursing Professional Development (ANPD). Currently, she is the Nurse Residency Program coordinator for Jefferson Health East Region and has ten years' experience in developing, teaching, and assisting new to practice (NTP) nurses transition from advanced beginner to proficient bedside nurses. Leslie has had more than 350 NTP nurses complete the residency program which included 120 evidenced based practice projects presented in poster format. Leslie is passionate about preparing nurses to be successful in the healthcare environment by discussing information about the "big picture" of nursing and providing multiple layers of support for NTP nurses as they learn and grow during their first year as a registered nurse.

Bio: Barbara McCormick DNP, RN, CEN has over 30 years of nursing experience. She is employed by Jefferson Health in the roles of resource nurse and research fellow. She works with leadership to develop strategies for nursing recruitment, retention, and education. Barbara graduated from Atlantic Community College with her Associates in Nursing in 1993. She earned her BSN (2003) and MSN (2007) at Holy Family University and DNP at Drexel University in 2019. Barbara commissioned in the US Air Force Reserve Nurse Corp in 1994 and is the Chief Nurse for the 166<sup>th</sup> Medical Group, Delaware Air National Guard, New Castle Airport. Barbara is an Adjunct Professor for Thomas Jefferson University. She is a board-Certified Emergency Nurse, and is an active member of many

community and nursing organizations. Currently, Barbara serves as the 2025 president for NJ Emergency Nurses Association and is a past President for New Jersey State Nurses Association Region Five.

#### Brandon LeBlanc Title: Pursuing an Advanced Nursing Degree: Next Step in Your Career

**Abstract:** The nursing profession is far from limiting as it offers many ventures available to those with a degree in nursing. With nurses making up a large population of the healthcare workforce, there is a variety of opportunities for substantial impact in their communities. With the assortment of career opportunities, it may become difficult for nurses to understand which program to consider and how this relates to their future career goals. Along with being a bedside nurse, nurses' own practices, advocate for policy change, and are even scientists in labs. While these opportunities exist, a nursing shortage continues to impact the overall delivery of healthcare. With a direct focus on nursing education, we plan to help students navigate the broad choice of options that exist among nursing schools and programs. This understanding of advanced nursing program options will allow students the opportunity to achieve their career goals while serving their communities.

**Bio:** Brandon LeBlanc, Assistant Director of Recruitment for DNP Advanced Practice and Post-Degree Certificates, is a dedicated professional with a passion for guiding individuals toward their career aspirations through higher education. In 2018, Brandon earned his Master's of Education in College and University Leadership, further solidifying his expertise in the field. Brandon's journey in higher education began with a fervent desire to make a difference in the lives of prospective students. Armed with a commitment to excellence and a keen understanding of the educational landscape, he uniquely connects with applicants, understands their aspirations, and provides them with the necessary guidance to achieve their goals. He believes in the transformative power of education and is passionate about helping applicants realize their full potential.

Brandon is excited to continue his journey in higher education, with a particular interest in nursing education. He recognizes the importance of nursing as a cornerstone of healthcare and is eager to explore how educational opportunities can further advance the nursing profession.

01/13/25		COUNT BY STATE AND	Fage 1 of 7	
NJ		*CHAMBERLAIN BSN ONLINE	NJ	
	22626	DISTANCE LEARNER		1
		L TOTALS		4
	3000	LIUTALS		4
		*EXCELSIOR COLLEGE	NJ	
	22000	DISTANCE LEARNER		2
	SCHOO	L TOTALS		2
		*KAPLAN UNIVERSITY	NJ	
	22002	DISTANCE LEARNER		0
	SCHOO	L TOTALS		0
		<b>*UNIV OF PHOENIX-NJ</b>	NJ	
	22001	DISTANCE LEARNER		0
	SCHOO	L TOTALS		0
		<b>*VILLANOVA UNIVERSITY</b>	NJ	
	02003	DISTANCE LEARNER		0
		L TOTALS		0
		ATLANTIC CAPE COMM CLG	NJ	
	22256	MAYS LANDING		0
	SCHOO	L TOTALS		0
		BAYONNE HOSP SCH OF NSG	NJ	
	22102	BAYONNE		0
		L TOTALS		0
		BERGEN COMM COLLEGE	NJ	
	22261	PARAMUS		0
	SCHOO	L TOTALS		0

NATIONAL STUDENT NURSES ASSOCIATION

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01/13/25

#### BLOOMFIELD COLLEGE NJ

01/13/25	NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL			Page 2 of 7	
	22857	BLOOMFIELD		0	
	SCHOO	L TOTALS		0	
		BROOKDALE COMM COLLEGE	NJ		
	22264	LINCROFT		6	
	SCHOO	L TOTALS		6	
		CALDWELL UNIVERSITY	NJ		
	22620	CALDWELL		0	
	SCHOO	L TOTALS		0	
		CAPITAL HEALTH SCH OF NSG	NJ		
	22609	TRENTON		23	
	SCHOO	L TOTALS		23	
		CHAMBERLAIN CLG OF NSG	NJ		
	22623	NORTH BRUNSWICK		25	
	SCHOO	L TOTALS		25	
		COLLEGE OF NEW JERSEY	NJ		
	22608	TRENTON/EWING		92	
		L TOTALS		92	
		COUNTY COLLEGE OF MORRIS	NJ		
	22259	RANDOLPH		1	
	SCHOO	L TOTALS		1	
		EASTERN INTERNATIONAL CLG	NJ		
	22621	JERSEY CITY		174	
		L TOTALS		174	
		EASTWICK COLLEGE	NJ		
	22612	RAMSEY		1	
		L TOTALS		1	

#### NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL

Page 3 of 7

	ESSEX COUNTY COLLEGE	NJ	
22260	NEWARK		33
SCHOOL	TOTALS		33
	FAIRLEIGH DICKINSON UNIV	NJ	
22845	METRO/FLORHAM		3
SCHOOL	TOTALS		3
	FELICIAN UNIVERSITY	NJ	
00054		110	70
22251 SCHOOL			78
GOINGOE			10
	GEORGIAN COURT UNIVERSITY	NJ	
22618	LAKEWOOD		15
SCHOOL	TOTALS		15
	HOLY NAME HOSPITAL	NJ	
22139	ENGLEWOOD CLIFFS		6
SCHOOL	TOTALS		6
	HUDSON COUNTY COMM CLG	NJ	
22111	JERSEY CITY		7
SCHOOL			7
	JERSEY COLLEGE SCH OF NSG	NJ	
22622	EWING		3
SCHOOL	TOTALS		3
	JFK MUHLENBERG SNYDER SCH	NJ	
			7
SCHOOL	TOTALS		7
	KEAN UNIVERSITY	NJ	
22472	UNION		0

#### NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL

Page 4 of 7

	COUNT BY STATE AND S	CHUUL	
SCHOOL	TOTALS		0
	MERCER COUNTY COMM CLG	NJ	
22262			208
SCHOOL	TOTALS		208
	MIDDLESEX COUNTY COLLEGE	NJ	
22617	EDISON		1
SCHOOL	TOTALS		1
	MONMOUTH UNIVERSITY	NJ	
22474	WEST LONG BRANCH		0
SCHOOL	TOTALS		0
	MONTCLAIR STATE UNIV	NJ	
22624	MONTCLAIR		2
SCHOOL	TOTALS		2
	NEW JERSEY CITY UNIV	NJ	
22448	JERSEY CITY		2
SCHOOL	TOTALS		2
	OCEAN COUNTY COLLEGE	NJ	
22255	TOMS RIVER		1
SCHOOL	TOTALS		1
	OUR LADY OF LOURDES SCH	NJ	
22149	CAMDEN		4
SCHOOL	TOTALS		4
	PASSAIC CNTY COMM COLLEGE	NJ	
22253	PATERSON		5
SCHOOL	TOTALS		5

01/13/25	NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL		Page 5 of 7	
		RAMAPO COLLEGE - UMD	NJ	
	22900	MAHWAH		0
	SCHOO	L TOTALS		0
		RARITAN VALLEY COMM CLG	NJ	
	22258	SOMERVILLE		1
	SCHOO	L TOTALS		1
		ROWAN CLG AT BURLINGTON	NJ	
	22250	MOUNT LAUREL		0
	SCHOO	L TOTALS		0
		ROWAN CLG OF SOUTH JERSEY	NJ	
	22263	SEWELL		1
	22254	VINELAND		0
	SCHOO	L TOTALS		1
		ROWAN UNIVERSITY	NJ	
	22627	GLASSBORO		0
	SCHOO	L TOTALS		0
		RUTGERS UNIV SCH OF NSG	NJ	
	22858	CAMDEN		70
	22611	NEWARK/NEW BRUNSWICK		50
	SCHOO	L TOTALS		120
		SAINT PETERS UNIVERSITY	NJ	
	22600	JERSEY CITY		2
	SCHOO	L TOTALS		2
		SALEM COMMUNITY COLLEGE	NJ	
	22615	CARNEYS POINT		1
	SCHOO	L TOTALS		1

01/13/25	NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL		Page 6 of 7	
		SETON HALL UNIVERSITY	NJ	
	22147	SOUTH ORANGE		0
	SCHOOL	_ TOTALS		0
		ST ELIZABETH UNIVERSITY	NJ	
	22452	MORRISTOWN		5
		TOTALS		5
		STOCKTON UNIVERSITY	NJ	
	22614	POMONA		1
	SCHOOL	_ TOTALS		1
		SUSSEX COUNTY COMM CLG	NJ	
	22610	NEWTON		1
	SCHOOL	_ TOTALS		1
		THOMAS EDISON STATE UNIV	NJ	
	22616	TRENTON		4
	SCHOOL	_ TOTALS		4
		TRINITAS SCHOOL OF NSG	NJ	
	22106	ELIZABETH		14
	SCHOOL	_ TOTALS		14
		UNION COUNTY COLLEGE	NJ	
	22605	CRANFORD		0
	SCHOOL	_ TOTALS		0
		WARREN COUNTY COMM CLG	NJ	
	22619	WASHINGTON		4
	SCHOOL	_ TOTALS		4
		WILLIAM PATERSON UNIV	NJ	
	22853	WAYNE		2

#### NATIONAL STUDENT NURSES ASSOCIATION COUNT BY STATE AND SCHOOL

	COULT DI CIATE AN	DOUIDOL	
SCHOOL TOT	ALS		2
STATE TOTAL	S	NJ	859

## **Convention Code of Attire & Conduct**

The 2005-2006 NSNA Board of Directors developed a Code of Conduct for NSNA Meetings. Item five under Meeting Etiquette states that "Professional business attire or business casual attire is acceptable style of dress for professional meetings." The following suggestions are provided as guidelines for professional business and business casual attire.

#### **Professional Business Attire:**

Suit or jacket and pants or skirt	Suit or jacket and slacks
Skirt length - knee length or below	Shirt - traditional shirt with collar
Tailored dress; Blouse	Tie or bow tie
Shoes - comfortable low-heel (no more than 2" high), loafers or boots	Socks
Simple jewelry	Dress shoes

#### **Business Casual Attire:**

Business casual	Not considered business casual
Shirt with collar or polo style	T-Shirts and jeans
Slacks	Shorts or mini skirts
Chinos or Dockers – pressed	Bare midriffs or low-cut garments (back or front)
Skirts	Flip flops, sneakers, or sandals
Blazer or sweater	Athletic wear or leggings
Loafers or lace-up shoes	

Accessories can add a special touch of color, texture, and pattern to your outfit and are considered a complementary part of both business professional and business casual attire. Also, if you wear fragrance, keeping it light and minimal is recommended in a professional setting to be considerate of others you meet with that may be sensitive to chemicals.

Remember to shake hands, smile, and introduce yourself to new friends and old acquaintances. Exchange business cards (use caution when giving out personal information such as home address, phone number, and e-mail address) and keep a file of contacts for future networking.

At the end of the convention, you'll be ready to schedule the many interviews you'll want to make with exhibitors; accept speaking engagements at state and school chapters; and attend meetings of professional nursing organizations. You've made a lasting first impression on your peers and the many business and nursing professionals you have met. You are on your way to a very successful nursing career!

References:

Dress to Impress: Secrets of Proper Attire, The Career Center, Florida State University Business Casual Attire, Career Services, Virginia Tech

## **Rules for Business Meetings**

Rule 1. All delegates shall keep badges in evidence throughout business sessions.

**Rule 2.** All delegates shall sit in the space designated for their respective constituents. Only delegates, monitors, and NSNA staff on official business are allowed in the delegate area.

**Rule 3.** Delegates may not leave or be seated while a vote is in progress. Delegates and monitors must remain in place during a vote.

**Rule 4.** An alternate may only substitute for a delegate when the delegate will be absent for the entire business meeting of that day. The alternate's name and signature must appear on the Delegate Credential Form, and the alternate must be wearing the delegate's ribbon at the time of the substitution. The alternate will remain the delegate for the entire business meeting of the day.

Rule 5. All speakers shall give their name and the name of their constituent chapter, and nothing else.

Rule 6. Prior to presentation, motions must be written on the form provided and delivered to the chair.

Rule 7. Only delegates may propose or vote on motions.

Rule 8. Debate on a single issue shall be limited to 15 minutes.

**Rule 9.** When speaking to a motion, each delegate shall be limited to 2 minutes. Members of NSNA and other guests who are not delegates shall be limited to 1 minute.

**Rule 10.** No delegate shall speak more than twice to a motion, and no delegate who has already spoken may speak again until those who desire to speak have had an opportunity to do so. Members of NSNA and other guests who are not delegates may speak once to an issue.

**Rule 11.** Speakers are recognized by the Chair in the order in which they reach the microphone, alternating between pro and con speakers as long as a normal flow of debate is maintained. Debate on a motion cannot be closed until a minimum of one pro and one con have been heard unless there are no pros and cons to be heard.

**Rule 12.** Speakers must use a red card at the designated microphone to make a point of order, parliamentary inquiry, appeal the decision of the chair, or ask for division of a question. These will have precedence over all other speakers.

**Rule 13.** Monitors may pass notes that pertain to business before the House of Delegates among people present at the House of Delegates business meeting.

**Rule 14.** All main motions introduced to the House shall be accompanied by a rationale and estimate of cost to the association, if appropriate.

Rule 15. Only topic and proposed changes for resolutions be read in the House of Delegates.

# **Parliamentary Rules**

## **Business Meetings**

To participate effectively in the proceedings of the House of Delegates, each delegate needs to be familiar with the fundamental rules of parliamentary procedure. These rules enable the delegates to transact business with the least possible friction, with expediency and efficiency, and in a manner fair to all. The minority, as well as the majority, is enabled to express its views, to make motions, and to vote.

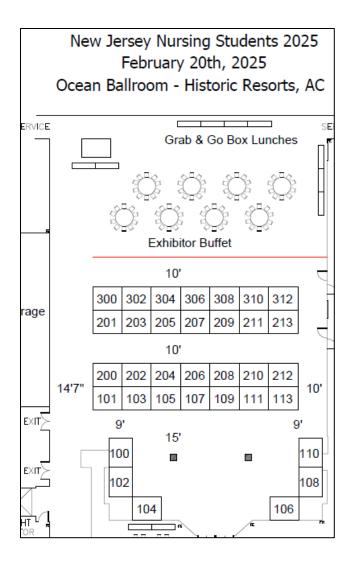
The parliamentary rules guideline followed by the National Student Nurses' Association is *Robert's Rules of Order Newly Revised*.

## Main Motions

A main motion introduces a new item of business; until this is disposed of, no other main motion may be considered, as there can be only one main motion pending at a time. The making of a motion comes first, discussion follows.

### The steps relating to the handling of a main motion are:

- The motion is printed on a motion form signed by maker and seconder, passed to a monitor who will relay it to the chair. The maker of motion keeps the last copy.
- The motion is introduced by a delegate. The delegate states his/her name, constituency and motion number. **"I make a motion..."**
- A delegate may second the motion if needed by calling out, "I second the motion." (Committee motions do not require a second.)
- The Chair restates the motion.
- The Chair then asks for discussion giving the maker of the motion the first opportunity to speak (thereafter, insofar as possible, debate alternates between those in favor and those against).
- Any NSNA member may speak; only official delegates, however, may make motions or vote (*NSNA Bylaws*, Article VII, Sections 4 and 5).
- A delegate may, during the discussion and when recognized by the Chair, introduce a subsidiary, incidental, privileged, or certain other motion.
- The discussion at all times must relate to the immediately pending question.
- After the discussion, or as it appears appropriate, the Chair asks, "Are you ready for the question?" or "Is there further discussion?"
- The Chair repeats the motion and calls for affirmative vote, then calls for the negative vote.
- The Chair announces the result of the vote. If the vote is on any motion made subsequent to the main motion, the discussion is directed to the next ranking motion until there has been a decision concerning the main motion.



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New Jersey City University	304
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and Families	203
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